Poetry Now!

Memory Poem

Purple

In first grade Mrs. Lohr said my purple teepee wasn't realistic enough, that purple was no color for a tent, that purple was a color for people who died, that my drawing wasn't good enough to hang with the others. I walked back to my seat counting the swish swishes of my baggy corduroy trousers. With a black crayon nightfall came to my purple tent in the middle of an afternoon.

In second grade Mr. Barta said draw anything; he didn't care what. I left my paper blank and when he came around to my desk my heart beat like a tom tom. He touched my head with his big hand and in a soft voice said the snowfall how clean and white and beautiful

by ALEXIS ROTELLA

© Alexis Rotella is a poet, ordained minister, and acupuncturist who runs a health center in Maryland. The poem "Purple" first appeared in East West Journal in 1980 and has since appeared in many other publications, including the first edition of Chicken Soup for the Soul.

Poetry Idea

Think back to a time in your life when someone hurt you. Try to write about this moment as Alexis Rotella does: a quiet story with big emotional impact.

Beginning:

Think about who hurt you. Where were you when it happened? How old? Try starting your poem with this information, as Rotella does. For example: "At third-grade recess, Stephanie Lawton / told me I was ugly / because my teeth were crooked..."

Middle:

How did you react? Tell us in simple language, using an image you remember from the time. For example: "I sat staring after her / as she and her perfect smile / flounced away . . ."

End:

What finally ended the hurt (if it ended)? Tell us. For example: "I don't remember / which of Jody's jokes / finally cracked / my frozen lips that day . . ."

You can use this format to write about all sorts of memories—not just hurtful ones!

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